City of Martinsville Parks & Recreation

# Activity Guide

Summer/Fall 2017





TO GET NEWS ON UPCOMING PROGRAMS, ATHLETICS, CLASSES, SPECIAL EVENTS AND TRIPS, LIKE US ON FACEBOOK.

### Welcome

We would like to thank you in advance for picking up the

Summer/Fall Activity Guide to view all the great programs and services we are offering over the next few months. Martinsville Parks and Recreation strives to improve the quality of life for citizens of Martinsville and Henry County by providing comprehensive recreational programming for all ages.

### MARTINSVILLE PARKS AND RECREATION STAFF AND OFFICE INFORMATION

Zach Morris
Program Coordinator

zmorris@ci.martinsville.va.us

Barbara Shrader Senior Center Staff **Betsy Pace** 

Senior Services Coordinator

bpace@ci.martinsville.va.us

Clyde Jones
Park Maintenance

William Hankins

Maintenance Supervisor

whankins@ci.martinsville.va.us

Randy Martin
Park Maintenance

Monica Wilkins
Administrative Assistant

Main Office Number 276-403-5140 Information Line 276-403-5256

Senior Center 276-403-5260

#### **Table of Contents:**

Park and Shelter Information

Youth Activities

Youth Sports

Adult Sports

Senior Center Programs and Information

Page 3

Page 4-5

Page 6

Page 7

Senior Center Programs and Information

Page 7-9

Parks and Recreation Events

Martinsville Mustangs

Page 12

### Parks and Shelters

Park Shelters are available to rent from April 1st - October 1st. Please call 276-403-5140 to make your reservation. All parks are open from Sunup to Sundown.

Dana O Baldwin-Swanson St. -

15.5 acres, picnic shelter w/grill, restrooms, tennis courts, and new playground equipment.

<u>J. Frank Wilson</u>—Old Log and Hill Shelter—Church St. Ext. - 30 acres, skate park, basketball court, walking trail, 18 hole disc golf course, playground, restrooms and 2 large picnic shelters.

Beaver Creek Reservoir—Redskin Dr. to Boat Ramp Dr. - 175 acre lake, picnic shelter, restrooms, fishing/boating (no gas powered motors). Boat permits are required and can be purchased at Reservoir for \$3/day or \$15/year. Canoes are also rented out for \$10/day with \$10 refundable deposit.

<u>Jackson St. Park</u> – Jackson & Church St. - .3 acres, basketball court, park bench, playground equipment

West End Park- Cardinal Ln. -

13.72 acres, ball diamond, multipurpose courts, restrooms, swings, animal rockers, & climber.

J.Russell Mason- Clearview Park.-

6.5 acres, basketball court, picnic shelter, restrooms, Baseball/softball field available for private use.

Southside Park- Ranson Rd. -

37+ acres, 4 groomed baseball/softball field (3 are lighted) which are available to rent, spectator stands, concession stand, 2 separate restrooms facilities, basketball court, play ground, and large shelter.

Chatham Heights Park - Garden Ln. -

9 acres, ball field, multi-purpose court, restrooms, large shelter, playground, and hiking trail

Cole & Carol Street Park - Cole and Carol St. -

1.60 acres, playground equipment, park benches, and picnic area.

<u>Victor A. Lester Memorial Park</u> – Mulberry & Finley St. - .60 acres gazebo, playground equipment, and picnic area.

<u>Spruce Street Park</u> – Spruce St. - 5.2 acres, ball field and tennis courts.



### **Youth Activities**

Pitch, Hit, & Run

Come out and test your Baseball/Softball skill set against competitors throughout Martinsville-Henry County. Participants will be placed in 4 different age groups: 7-8, 9-10, 11-12, and 13-14. Winners in each age group will advance to a regional tournament.

Date/Time: April 29th Location: Jordan Creek Park

Cost: Free

#### **Baseball Camp**

Martinsville Parks and Recreation, with help from local High School coaches and Patrick Henry Community College, will be offering a youth instructional baseball camp. This is a weeklong camp where participants will be taught fundamentals of fielding, pitching, and hitting. There will be a game between campers on Friday, June 16th. Camp is for kids 6-13 with registration being due on May 26th.

Date: June 12th-16th

Cost: \$25

Location: Southside Park

#### Hooked on Fishing Clinic

Have fun while helping young people learn the ins and outs of fishing at this local clinic. Martinsville

Senior Center, Martinsville Parks and Recreation, Henry County Parks & Recreation and Angler's Choice will sponsor the

"Nineteenth Annual Fishing Clinic" on Saturday, June 3rd, 2017 from 9am-12noon at Beaver Creek Reservoir. We need local

fishermen to introduce children to a sport they can enjoy for the rest of their lives. Children age 7-14 are welcome to participate in
the clinic. Call the Senior Center at 276-403-5260 for more information.

#### **Short Sports**

Short Sports is a program geared towards 3-6 year old children. Each week a different sport will be taught. This is a great program to introduce your child to a variety of sports and also prepare your child for organized sports. Parents must be present and will be working with their children on assigned tasks. These classes are sponsored and ran by Henry County Parks & Recreation and Martinsville Parks & Recreation.

Date/Time: Monday, July 10th, 17th, 24th, and 31st from 5:45pm—6:30pm

Location: Collinsville YMCA

Cost: \$10

#### Canoe Day

Slow down the pace of everyday life and bring your kids out to explore nature at 2 mph! Discover the beautiful Beaver Creek Reservoir by canoe. Canoeing is a simple, healthy exercise that everyone in the family can enjoy. Instruction will be provided for beginners.

Date/Time: June & July 21st from 10:00am-12:00am

Cost: Free

Location: Beaver Creek Reservoir



Scotts.

### **Youth Activities**

#### Easter Egg Hunt

Come out to Hooker Field on <u>April 15th from 10:00am-12:00pm</u> for a community wide Easter Egg Hunt. There will be an entry fee of 1 canned good or other non-perishable food item that will be donated to local food pantries. The Easter Egg Hunt is for ages 2-12

#### Earth Day

Join the VMNH, Martinsville Parks and Recreation, and community partners for the 7th annual Earth Day Festival. The festival will be held at J. Frank Wilson Memorial Park on Saturday, April 22nd from 10:00-3:00. Enjoy a day of earth friendly games, crafts, and activities. Admission is free, and food will be available for purchase. Call (276) 634-4185 for more information.



#### **Outdoor Explore Camp**

Don't be stuck inside all summer. Get out and enjoy the great outdoors. At this camp you will get to do just that. Spend part of your day hiking, exploring, and fishing and the other learning about outdoor safety and activities. Camp is available to all kids ages 7-11. Please register by June 16th.

Date/Time: June 26th-29th 10:00am-12:00pm

Cost: \$5

Location: City Parks

#### Scavenger Hunt

Do you consider yourself a master of riddles? If so, come by Frank Wilson Park and take place in our yearly Scavenger Hunt. Attendees will be given a starting clue and from there are allowed to scavenge the entire park until the prize is found. This event is open to children of all ages. Must Sign up by July 21st.

Date: July 24th Beginning at 10:00am

Cost: Free

#### Skate Camp

For those who have always wanted to learn to skateboard or to even improve your skills, Martinsville Parks and Recreation will be hosting a youth Skate Camp. This camp will focus on safety, skate fundamentals, and even skate tricks. This camp is for children ages 7-13. Children are responsible for providing skateboards and pads. The deadline to register is July 7th. Instructors needed!!!

Date: TBD (Late July)

Cost \$20

Location: Frank Wilson Park

#### Mayhem Football Camp

Martinsville Parks and Recreation will be teaming up with the Martinsville Mayhem to offer a youth football camp. This camp is designed for ages 5-15 and will focus on teaching the fundamentals of football along with developing skills.

Date: July 29th Cost: \$15

Location: Baldwin Park



### **Youth Sports**

#### **SPONSOR A TEAM**

Sponsor a youth sports team. Fee is \$150 per team or \$250 to sponsor 2 teams. Your company name or logo will be placed on the front of the team shirts and you will receive a team picture.

Youth Football

Ages: 6-13

Ages will be broken up into 7-8 (flag), 9-10 (JR Tackle), 11-13 (SR Tackle).

Registration deadline is August 11, 2017 The fee is \$10. Call 403-5140 for more information.

Volunteer coaches needed! Background checks will take place.



Ages: 9-13

Number of squads will be based on number of football teams. We will have a squad for each team. Registration deadline will be August 11th, 2017 Registration fee will be \$10.



This is a co-ed league for all 4-5 year old kids. The league is designed to familiarize our youth with the rules and skills needed to play basketball. Sign-ups will begin the first of October and games will begin the first of November. The fee to participate is \$10.

#### Youth Basketball

#### Girls Basketball:

Ages will be broken up into 8-10 (girls/junior) and 11-13 (girls/senior) Deadline to register is August 11th, 2017. The fee to participate is \$10. This league will begin in late August.

#### Boys Basketball:

Ages will be broken up into 6-7 (coed), 8-9 (boys/junior) and 10-13 (boys/

senior). Deadline to register is November 17, 2017. The fee to participate is \$10. This league will begin the first of January.

#### Youth Fall Baseball

This is a co-ed coach pitch baseball league designed to familiarize our youth with the rules and skills needed to play baseball. We are also extending our league to include boys and girls mustang/minor. Deadline to register is August 12th. Fee to participate is \$10.

Age Groups:

6-8 co-ed coach pitch Girls Minor: 9-11 Girls

Youth Volleyball

Grades: 6th-8th The registration deadline will be November 17th, 2017. Registration fee to play is \$10.

For any questions please call 276-403-5140.







### **Adult Sports**

Men's and Women's Adult Softball Summer/Fall League

Ages 18 and older, formed teams only. Please call 276-403-5140 for questions or come by our office to pick up a registration packet for your team.

The Summer league deadline to register is May 1st, 2017.

Date/Time: Season will tentatively begin May 18, 2017

Location: Southside Park

Fee: \$250/team

The Fall league deadline is August 7th.

Date/Time: Season will tentatively August 301st 2017

Location: Southside Park

Fee \$250/team

Men's Open Gym

18 & older, join us from 6-8pm to play basketball. Each player must sign a waiver each night. Must wear tennis shoes or basketball shoes to play.

DATE/TIME: January—April FEE: \$2/person/night

Disc Golf League

We have an 18-hole disc golf course located at J. Frank Wilson Park. The course is free to play. Come by and pick up your scorecard as league play will begin May 2nd. We will be hosting a tournament later this Fall. Exact date will be announced during the Summer.

#### Open Tennis League

This league is open to both men and women ages 18 and older. Games will be played at Spruce Street tennis courts. The games will be scheduled throughout the summer months. The registration deadline will be May 12th 2017. Matches will be set up between participants and winners will receive points. For matches won. At the end of the season we will add up all scores with prizes being given out to the winners. Registration fee is \$10

### **Senior Center**

Who we serve...

Martinsville Senior Center provides recreational opportunities to adults age 50 & over and transportation to those 60 & over and to those under 60 who are disabled. The Senior Center also distributes a quarterly newsletter with information containing specific programs. Recreational activities are offered at the Senior Center and several off-site locations.

Socialization/Recreation- Recreational activities & events are offered to City of Martinsville residents 50 years of age & older at the Senior Center located at 21 Moss St. Activities are also held at off-site locations you can read about these activities in this program guide.



### **Senior Center**

#### Services

Transportation – Martinsville city residents age 60 & over and disabled residents under 60 who do not have any type of transportation may sign up by calling the Senior Center at 403-5260. Transportation is provided Monday through Friday 8:30a.m. – 3:00p.m. to medical appointments, grocery store, pharmacy, nutrition site at the Senior Center, Dept. of Social Services, Social Security Administration, community recreational activities and other support services for the elderly & disabled. Transportation services are offered to promote continued independent living. An assessment form is filled out on each individual requesting transportation. A determination is made within five working days concerning whether or not the person is eligible. There is no charge to ride the van but you may give a donation if you are able to do so.

#### **DROP IN ACTIVITIES**

Wednesday - 10a.m. - Bible Study with Zeke Zanatos at Senior Center

11a.m. – Nutrition Site – at Senior Center - Seniors are provided a hot lunch (more details listed below)

11:15a.m. - Rook Games at Senior Center

Thursday – 9a.m. – Bible Study at Senior Center

12:30p.m. -2:30p.m. Bingo at Senior Center (1st & 3rd Thursday)

Friday – 9a.m. Group bowling at Sportlanes located at 10 Koehler Rd in Martinsville

11a.m. - Nutrition Site - seniors are provided a hot lunch at the Senior Center (1st & 3rd Fridays)

#### **Coloring for Seniors**

If you want to take up a new hobby to relieve boredom & stress – Coloring may be for you! Coloring may sound like a simple activity to ward off boredom, but it can actually improve health. A research study found that older adults who engage in creative activities have better overall health, make fewer visits to the doctor, use less medication, & have fewer health problems. Coloring is also an excellent mood booster.

The Senior Center plans to have group coloring sessions in late summer or early fall. Please call us at 403-5260 to sign-up or for more information. A nominal fee will be charged for the cost of supplies.

#### "Tom Turkey" Golf Tournament

Martinsville Parks & Recreation will sponsor a "Tom Turkey" Captain's Choice Golf Tournament for seniors 50 years of age & older in November at Forest Park County Club. A final date for this tournament will be announced in the summer or fall Senior Post. Trophies will be awarded to the first & second place team finishers. Refreshments will be served following the tournament.

A special thanks to Forest Park Country Club for providing the location for the tournament.

Door prizes will be given away by the Senior Center & Forest Park Country Club.

#### Ice Cream Social

There will be an Ice Cream Social held in Summer 2017 at the Senior Center. The staff will be on hand to make ice cream sundaes & banana splits. The exact date will be announced in the Summer edition of the Senior Post.

#### Saturday Morning Update

Please tune in to WHEE-AM 1370 every Saturday morning at 7:45a.m. for updates on Senior Center activities coming up the following week. This is a good way to keep up with all of the day by day regularly scheduled activities & events.

#### **Travel News**

The Martinsville Senior Center is working on some local day trips for the summer & early fall. We hope to visit the local Virginia Museum of Natural History, tour the local YMCA & visit some other destinations in Patrick & Franklin counties. These trips will be announced in the Senior Post & all local media. Please call the Senior Center at 403-5260 for more information.

#### Page 8

### Senior Center

#### **Breakfast & Supper Club**

The Breakfast Club meets the first Monday of each month at 9a.m. Come join us for food, fun and fellowship. The Supper Club meets the third Thursday of each month at 5:30p.m. Seniors participating in either the Breakfast/Supper Club are responsible for the cost of their meal. The restaurant locations will be announced in the Senior Post or you may call the Senior Center at 403-5260 for more information concerning the Breakfast and Supper Club.

#### Lunch Club

Meet, greet & eat with other fabulous individuals every quarter. The next Lunch Club meeting will be held on Friday, April 28, 2017 at 12noon. The location will be announced at a later date. Please call us at the Senior Center for the other Lunch Club dates. Lunch is Dutch treat. Pre-registration is required by calling 403-5260.

#### Senior Nutrition Site

Join us for entertainment, socializing & a good hot lunch. The program is open to seniors on Wednesdays & the first and third Fridays at the Senior Center. Seniors listen to programs on healthy eating and other health matters & monthly blood pressure checks are provided. Seniors can also take part in games such as bingo & dominoes while attending the Nutrition Site.

#### Senior Bowling

Start your weekend off right by joining us at Sportlanes Bowling Alley each Friday morning at 9a.m. Cost to bowl is \$5.00 for three games which includes cost of bowling ball & shoes. You do not have to be an expert bowler. This is a time for bowlers of all skill levels to participate.

#### S.A.L.T. NEWS (Seniors & Law Enforcement Together)

The Martinsville/Henry County TRIAD S.A.L.T. Council will hold their Annual Senior Appreciation Day & Picnic on Wednesday, June 14, 2017 at Jack Dalton Park from 11a.m-1p.m. Lunch will be served to all seniors. For any questions concerning this event call Southern Area Agency on Aging at 632-6442.

#### Annual Fall Golf Tournament

The Martinsville Senior Center, Henry County Parks & Recreation and Beaver Hills Golf Club will sponsor their Annual Fall Golf Tournament on Tuesday, September 12 at Beaver Hills Golf Course. Tee-off time for the tournament will be announced closer to tournament time. Refreshments will be served after the first nine holes and immediately following the tournament. For information on qualifying for the tournament, please contact Beaver Hills Golf Course at 632-1526.

#### Senior Post

This quarterly publication contains the most recent up-to-date information regarding senior citizen activities & programs available to seniors. The newsletter is available to any senior adult. The Senior Post can be picked up at Martinsville Senior Center, Southern Area Agency of Aging, Martinsville YMCA, and the Blue Ridge Regional Library.

#### Oil Painting Classes

The Senior Center will sponsor ongoing oil painting classes in the late Spring. The classes will be offered in six week sessions on Tuesday mornings. Cost for the class is \$30.00 which does not include supplies. A list of supplies will be mailed to you upon registration or participants can pay a \$15 supply fee. Beginners are welcome. The instructor is Joyce Wray. Please call the Senior Center 403-5260 for more information.

#### AARP SMART DRIVER COURSE

Martinsville Senior Center in conjunction with the AARP Smart Driver Course will sponsor an eight hour classroom refresher course in driver safety. The class will be taught on Thursday, April 13 & Friday, April 14 from 10a.m.-2p.m. each day at the Senior Center. It is specifically designed for drivers 50 years of age & older. There is an auto insurance discount for participating in this course; however you will need to consult with your individual agent or company regarding the discount. Register early by calling 403-5260 as space is limited. Fee for AARP members is \$15.00 and \$20.00 for non-members. Please bring a bag lunch.

### **Parks and Recreation Events**

#### **Smith River Fest**

The Smith River Fest will be held on August 12th, 2017 from 9am-5pm at the Smith River Sports Complex. There will be a river race, mud run, and live music along with a climbing wall, petting zoo, free rides, family fun float, craft and education vendors, food, and pony rides. For more information call 276-634-4649 or visit www.smithriverfest.com.



#### Screen on the Green

Martinsville Parks and Recreation along with the Martinsville Mustangs and Martinsville YMCA will be hosting Screen on the Green this summer at Hooker Field. Bring your chairs and blankets so that you can kick back and enjoy a classic baseball movie at Hooker Field.

Date/Time: August 26th at 8:00pm

Fee: \$2

Location: Hooker Field

#### 3 on 3 Basketball Tournament

Test your skills and compete to be the best in the City. This event will take place at our local City Parks depending on the amount of teams that enter. Age groups will be 13 and under, 17 and under, and 18 and over. Formed teams only! Teams will sign up at the Parks and Recreation Office by July 21st.

Date: July 29th Cost: Free

Location: City Parks

#### Adult River Kayaking Day

This will be a fun learning experience, not just a trip down the river. Participants will be on the river for 4.8 miles, approximately 2 hours. Everyone will float from South Martinsville to the Smith River Sports Complex. Please bring a water bottle and wear appropriate clothing. Pre-registration is required and the class is limited to 15 participants. Kayaks will be provided if you don't have your own.

Date: August 4th

Fee: \$15 includes a Kayak and Free if you have your own

Time: 1:00am

#### Great Goblin Gallop 5K

The Henry County Parks & Recreation Office in conjunction with the Martinsville Parks & Recreation sponsors the Annual Great Goblin Gallop 5K Race each October. The race course is a beautiful fairly level loop around Lake Lanier in Martinsville.





#### **Tennis Camps and Classes**

A wide range of classes and camps will be offered throughout the Spring and Summer. All events will be ran/organized by Certified Tennis Instructor Rusty Lovell. For information on camps and classes please email Rusty at rlovell6981@gmail.com, call 775-412-8772 or on Facebook at Hometown Tennis.



### **Parks and Recreation Events**

#### **Photo Contest**

Help us capture the beautiful landscapes, places, and people of Martinsville and Henry County in the 2016 Martinsville Parks & Recreation Photo Contest. Winners will be featured in future Parks & Recreation programs and on our Facebook page! To submit a photo email your photo to parkrec@ci.martinsville.va.us between May 1st—October 1st. Official rules may be picked up at the Martinsville Parks & Recreation office.



#### **Archery Classes**

Archery classes will be offered this Fall for children and adults of all ages. This is a great opportunity to learn a new hobby while enjoying the outdoors.

Class Date/Time: September 9th, 16th, and 23rd. From 9:00am-10:30am.

Fee: \$25

Location: City Gun Range

#### Home Run Derby

Do you consider yourself a power hitter and want to prove it to the community? Come down to Southside Park for a fun evening of softball, food, prizes, and music. Contestant must provide pitcher and their own ball. Any core and compression ball and bat is welcomed. Derby will be held in playoff style with 3 rounds.

Date/Time: September 18th at 7:00pm

Fee: \$10 per contestant Location: Southside Park

Bass Tournament/Night Catfish at Beaver Creek Reservoir

Bass Dates: March 11th, April 8th, May 13th, June 10th, July 8th, August 12th, September 9th, and October 14th.

The cost to enter will be \$40 per boat with payout being \$30 per boat that is entered. March 11th, April 8th, May 13th, September

9th, and October 14th will begin at 7am-1:00pm. June 11th, July 9th, August 13th will begin at 6:00pm-12:00am. An optional \$5 per person lunker will be at each tournament and \$10 pot for biggest fish of series will be available also.

Night Catfish Dates: May 28th, June 25th, July 23rd, and August 27th.

Cost is \$10 per person per date and the prize will a 50/50 cash payout for the largest fish. They will begin at 6pm-12:00am and payment will be taken at gate the night of the catfish tournament. For information Call David Johnston at 252-7680 or Zach Morris at 276-403-5379.

#### Trunk-or-Treat

Martinsville Parks and Recreation along with Henry County Parks and Recreation and the YMCA will be hosting a Trunk-or-Treat which is open to the community. You can dress up in your favorite costume, play games, and even enjoy a spooky hayride all in the same night.

Date/Time: October 31st from 6:00pm-8:00pm

Location: Jack Dalton Park



June 10<sup>th</sup>- Star Wars Fireworks Celebration!!!

July 1<sup>st</sup>- Salute the Troops/Freedom Fireworks!

July 28<sup>th</sup>- Fireworks Finale!!

## ALL YOU CAN EAT DEALS AVAILABLE FOR THE FIRST TIME IN HOOKER FIELD HISTORY STARTING AT JUST \$25! GIVE OUR OFFICE A CALL AT 276-403-5250 TO RESERVE YOURS TODAY!

Head to MartinsvilleMustangs.com to check out our full schedule and information!

"Like" us on Facebook to stay up to date on all of our promotions and everything

Mustangs!!!!

